

From the Nurse:



Guidelines for Keeping Sick Children Home

It's often difficult to know when to keep your child home from school when he/she says "I don't feel good". Oftentimes the way your child looks and acts can make the decision an easy one. Generally speaking please consider the following guidelines:

Colds: If your child is experiencing discomfort that would interfere with his/her school performance and/or there is a greenish nasal discharge please keep him/her home. If there is a prolonged cough or extended fever with chills consult his/her pediatrician.

Fever: Keep your child home with a fever of 100 degrees or higher. Let your child rest & give plenty of fluids throughout the day. If your child still isn't feeling well or has a slight fever the next morning, please do not medicate and send him/her to school.

Conjunctivitis (pink-eye): Keep your child home until 24 hrs. after the first dose of antibiotic. If the conjunctivitis is viral an antibiotic will not help. Keep your child home until the eyes have cleared.

Rashes: Children with a suspicious skin rash should see their pediatrician for evaluation. The child should return to school with written authorization from his/her pediatrician.

Diarrhea or Vomiting: A child with vomiting or diarrhea should return to school only after he/she is symptom and medication free for 24 hours.

Sore Throat: A minor sore throat is fairly common but a child with strep throat should return to school after 24 hours of antibiotic therapy. A fever is not always present with strep throat. Other symptoms may include a headache and/or an upset stomach.

Earache: Please have the child checked at the pediatrician's office.

Keeping a sick child home from school helps prevent the spread of contagious illnesses in the school community. It allows your child time to rest and recuperate.

All medication, even over the counter, requires a pediatrician note and permission form signed by the parent. Medication forms may be downloaded from the BPS website.



Please Note: Our school dentist will be performing dental screenings in February. Your child will be receiving his/her dental form shortly via backpack. Please complete and return to school ASAP when received.

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